

# CLINEMED

## *direct primary care*

### Services Included

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- Annual Comprehensive Physical Exam
- Lifestyle Medicine Consultations
- Well Woman Exam
- Well Child Visits
- School and Sports Physicals
- Minor Office Procedures
  - Wart removal
  - Skin biopsies and lesion removal
  - Laceration repair with stitches or glue
  - Incision and drainage of abscesses
  - Ingrown toenail removal
- Injections- Steroids, antibiotics, B12
- Chronic Care Management
  - Diabetes, high blood pressure, asthma, etc
- Urgent and Sick Visits
  - Testing for strep throat, flu, Covid, UTI, pregnancy
- Mental health treatment and management
- Weight Management
- Nutrition Counseling
- Individualized Home Exercise Programs
- Preop Evaluation Visits
- Accutane Program for acne treatment
- Contraception Management

### Services at Additional Costs

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- Labs- greatly discounted (ie. Basic annual exam panel is \$12)
- Pathology- PAP smears, skin biopsies
- Immunizations- greatly discounted at NET Health; also available at local pharmacies
- Imaging- we have partnerships for low price cash pay options for x-rays, MRIs, CTs, mammograms, DEXA bone scans

### Services NOT included

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- Physical Therapy
- Hospitalizations
- ER Visits
- Surgical Fees
- Specialist Care